

Dear High School Rowers & Parents

On Saturday, July 25<sup>th</sup> there are two events for high school rowers interested in college rowing – see the attached documents for specific instructions

**1. HIGH SCHOOL SENIORS and their parents are invited to attend the 12<sup>th</sup> annual college recruiting fair at North Seattle Community College. The purpose of this event is to provide Pacific Northwest high school rowers (NCAA rules restrict attendance to those starting their senior year in the fall) and their parents an opportunity to meet coaches from numerous colleges across the country, and learn about a wide range of academic, rowing and financial aid programs. This is an excellent opportunity to make one-on-one contact with coaches. Each year, for the past 12 years, between 25 and 30 colleges come to this event. To register and view the list of schools that have attended in the past see attachment: 1-Seniors.**

**2. HIGH SCHOOL Rowers of all grades are invited to attend a college recruiting information session at North Seattle Community College. Learn about the recruiting process and how you can continue your rowing career in college To register see attachment: 2-all grades.**

*Topics covered:*

- *Overview of NCAA rules & terms*
- *Overview of scholarships & financial aid*
- *How “self directed” recruiting increases your chances for gaining admission*
- *Finding a school that fits your academic/athletic/lifestyle concerns*
- *Understanding the differences between NCAA Division I, II and III*
- *How Academics effect admissions – Testing and Grades*
- *Time commitment and overall expectations for participation on a college team*
- *Parent’s roles and responsibilities*
- *Question & Answer period*

# About Bruce Beall

## Dear Athletes & Parents

Rowing in college is a fantastic experience encompassing strong competition, personal physical fitness, academic support and lifelong friends. Being a part of an intercollegiate crew, be it Div I, II or III will provide a lifetime of memories.

My coaching experience encompasses 5 very different colleges. I have coached freshmen/novices rowers, lightweight rowers (both collegiately and internationally) and open weight (both collegiately and internationally). I am familiar with the regional rowing world on both the east and west coasts. I have recruited in the Ivy League.

As a competitor I raced internationally in both sweep and sculling boats (and have been a spare), qualifying for the US National Team through both open trials and the camp system. My undergraduate major was Molecular Biology and I have an extensive background in Exercise Physiology.

### Coaching:

University of California at Berkeley, 1988-1992  
Varsity Men's Rowing Coach.

Massachusetts Institute of Technology, 1986-1988  
Varsity Men's Crew Coach and Program Director.

Harvard University, 1980-1985  
Varsity Lightweight Men's Rowing Coach.

Boston University, 1974 – 1978  
Freshmen Men's Rowing Coach.

University of Washington  
Graduate Assistant Rowing Coach

World Championships, Duisburg 1983  
Lightweight Men's Coxless Four,

World Championships 1987  
Men's Quad

### Competitive:

University of Washington, 3 Varsity Letters, 1970-73

Pan American Games, Cali, Columbia, 1971  
Silver Medal, Eight (University of Washington)

European Championships, Moscow 1973  
Pair with coxswain (Lake Washington Rowing Club)

World Rowing Championship, Lucerne 1974  
Four without Coxswain (Vesper Boat Club)

Pan American Games, San Juan, 1979  
Bronze Medal, Quadruple Sculls (Boston Rowing Club)

World Rowing Championships Duisburg, 1983  
Sculling spare (USRowing Sculling Camp)

Olympic Games, Los Angeles, 1984  
Quadruple Sculls

Other:

USRowing High Performance Rowing Committee, 2000-2004  
(US National Team selection for the 4 years leading to Athens Olympics)

George Pocock Rowing Foundation, 2002-2004  
Director of Rowing

George Pocock Rowing Foundation, 1994-2002  
Executive Director

United States Rowing Association Board of Director's  
2-year term (1990-1991)

Authored the athletes column (Oarsman's Corner) in Oarsmen magazine  
3 years (1980 - 1983)

World Indoor Rowing Championship – CRASH-B Sprints  
Co-founder and Board of Directors (1982 -1987)

Lightweight Women's International Rowing Committee (1985-1987)  
Men's Olympic Rowing Committee (1994-1996)  
US Rowing Sports Medicine Committee (1985-1988)  
University of Washington Athletic Hall of Fame (1971 Varsity Crew)

**EVENT FOR PARENTS & HIGH SCHOOL *SENIORS* (TO BE)**

# **COLLEGIATE RECRUITING FAIR** **FOR HIGH SCHOOL CLASS OF 2010**

**(You must have completed your academic junior year)**

**North Seattle Community College, Seattle WA**

**Saturday, July 25<sup>th</sup> ----- 1:00pm to 5:30pm**

HIGH SCHOOL SENIORS and their parents are invited to attend the 12<sup>th</sup> annual college recruiting fair at North Seattle Community College. The purpose of this event is to provide Pacific Northwest high school rowers (NCAA rules restrict attendance to those starting their senior year in the fall) and their parents an opportunity to meet coaches from numerous colleges across the country, and learn about a wide range of academic, rowing and financial aid programs. This is an excellent opportunity to make one-on-one contact with coaches. Each year, for the past 10 years, between 25 and 30 colleges come to this event.

## **Program**

**Introduction: Short presentation on NCAA issues and the recruiting process and a brief overview of college rowing**

**Presentation: Coaches are given 3 minutes to introduce themselves and for a short overview of their school and rowing programs.**

**Exchange: 2 - 4 hour period for individual discussion between coaches & athletes (and parents).**

### **Schools that have attended in the past include:**

Boston University, Columbia University, Cornell University, Duke University, Gonzaga University, Harvard/Radcliffe College, Kansas State University, Lewis & Clark College, Loyola Marymount University (Los Angeles), Michigan State University, Mount Holyoke College, Northeastern University, Ohio State University, Oregon State University, Pacific Lutheran University, Princeton University, Marietta College, Santa Clara University, Seattle University, Stanford University, Syracuse University, UCLA, United States Naval Academy, University of California, Berkeley, University of Southern California, University of Miami, University of Notre Dame, University of Pennsylvania, University of Puget Sound, University of Tennessee, University of Texas, University of Virginia, University of Washington, Washington State University, University of Wisconsin, Western Washington University, Willamette University.

**Space is limited and is on a first come first served basis**

**Please pre-register at JL Rowing Web site.**

**Direct Link: <http://jlrowing.com/page.clinic.html>**

**Go to JLRacing-click on JL Races button in left margin-Click Clinic in July**

**\$50 per family**

**Families of Seniors (to be) attending the morning session about a complete overview of the recruiting process will receive a discount of \$25 on the afternoon session.**

**Questions: [bbeall73@msn.com](mailto:bbeall73@msn.com)**

**EVENT for High Schools Rowers- All Grades**  
(Parents highly encouraged to attend)

## **Row in College!**

**North Seattle Community College, Seattle, WA**

**Saturday, July 25<sup>th</sup>**

**10:00am to 11:30am**

HIGH SCHOOL Rowers of all grades are invited to attend a college recruiting fair at North Seattle Community College. Learn about the recruiting process and how you can continue to row in college.

*Topics covered:*

- *Overview of NCAA rules & terms*
- *Overview of scholarships & financial aid*
- *How “self directed” recruiting increases your chances for gaining admission*
- *Finding a school that fits your academic/athletic/lifestyle concerns*
- *Understanding the differences between NCAA Division I, II and III*
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- *Time commitment and overall expectations for participation on a college team*
- *Parent’s roles and responsibilities*
- *Question & Answer period*

**Presented by Bruce Beall**

- College Rowing Coach for 18 years:  
University of Washington, Boston University, Harvard University, MIT, University of California at Berkeley
- Executive Director of the George Pocock Rowing Foundation for 10 years
- Member of USRowing’s High Performance Committee for the 4 years leading up to Athens Olympics
- Former international competitor (both sweep and sculling) at the World Championships, Pan American Games and the 1984 Olympics

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\*\*I will refund the admission to any family that feels they didn’t get the information that they need to start their college search\*\*

**Questions: [bbeall73@msn.com](mailto:bbeall73@msn.com)**